

# HMSA HEALTH EDUCATION

Registration Required. Please call 948-6398 or 1-800-525-6548.

Dates and times subject to change.

BODY POWER					
MONTH	DAY	DATES	TIMES	LOCATION	CLASS NUMBER
JULY	MONDAY	JUL 12, 19, 26	9:30 - 11:30 AM	HMSA HILO BRANCH OFFICE	BP1041
	SATURDAY	JUL 17, 24, 31	9:00 - 11:00 AM	AIEA INT. SCHOOL	BP1042
SEPTEMBER	TUESDAY	SEP 7, 14, 21	9:00 - 11:00 AM	HMSA KAUAI HEALTHPASS OFFICE	BP1051
	THURSDAY	SEP 9, 16, 23	5PM - 7PM	HMSA KAUAI HEALTHPASS OFFICE	BP1052
	SATURDAY	SEP 18, 25 OCT 2	9:00 - 11:00 AM	HMSA CENTER	BP1053
	WEDNESDAY	SEP 22, 29 OCT 6	9:00 - 11:00 AM	HMSA MAUI BRANCH OFFICE	BP1054